

QRU Workforce Intensives

Register to be Relevant

FREE

ONLINE

Coaching

Register as a **coach** with your club or school* on Rugby Xplorer at the start of each year.

- Inclusion in insurance
- Profile on accreditation report
- RA communication and service

Officiating

Register as a **match official** with your club, association or school* on Rugby Xplorer at the start of each year.

- Inclusion in insurance
- Profile on accreditation report
- RA communication and service

Administration

Register as a **volunteer** with your club, association or school* on Rugby Xplorer at the start of each year.

- Inclusion in insurance
- Profile on accreditation report
- RA communication and service

Smart Rugby

FREE

ONLINE

Coaching

Smart Rugby is Rugby Australia's flagship course for building coach and match official understanding of safety considerations both on and off the field. All active coaches and match officials must have a current Smart Rugby accreditation to participate in their roles and activate the currency of their accreditations.

There are four Smart Rugby modules designed to help you build your understanding of the theory and application of Smart Rugby principles:

- Introduction to Smart Rugby
- Playing Smart - Tackle, Ruck and Maul
- Playing Smart - Set Pieces
- Blue Card

The course is completed on-line but is supported by a PDF e-guide and regular Face-2-Face tutorial opportunities.

Officiating

Rugby Xplorer

FREE

Administration

There are four (4) Rugby Xplorer modules that are available to support administrators, depending on your level of participation.

Rugby Xplorer Team Manager Program (Online)

This course provides an overview how a Rugby Xplorer Team Manager completes match prep and match day tasks for their Team.

ONLINE

Rugby Xplorer Club Admin Program (Online)

This course provides an overview how a Rugby Xplorer Club Admin completes Set up, Registration and match prep and match day tasks for their Club and Teams.

ONLINE

Rugby Xplorer Association Admin Program (Online)

This course provides an overview how a Rugby Xplorer Association Admin completes Set up and also Competition management tasks for their Competition/s.

ONLINE

Rugby Xplorer - Administrator Workshop (F2F or Webinars)

This session will give you an overview of general administration tasks and processes. The format of the session will involve a live webinar demonstration in Rugby Xplorer of how to do various tasks. You will be able to follow the presenter on screen as they navigate within Rugby Xplorer.

Note: All online programs include:

- Concussion and Serious Injury
- Code of Conduct

Kids Rugby

Coaching

\$40.00

Coaching Kids Rugby

This course has 2 components:

Coaching Kids Rugby U8-U12 Program (Online)

ONLINE

This component is completed on-line but is supported by a PDF e-guide and a supporting Face-2-Face tutorial

Kids Pathway Skills Session U8-U12 (F2F)

This session will focus on the participants as "Educators" who will influence programming and leadership/mentoring of coaches at clubs/schools.

(This session will also be delivered at Junior Clubs, but the focus will be on "Coaches" delivering directly to Junior players.

Officiating

\$30.00

Refereeing Kids Rugby

This course will provide referees with the ability to facilitate a game of U8 to U12 rugby safely and fairly.

The course is broken into two sessions:

- Session 1: 30 minutes is spent walking learners through the knowledge and theory of refereeing kids' rugby
- Session 2: 2.5 hours is spent applying knowledge and theory to practical, field-based scenarios

Accreditation is awarded on successful completion of:

- Refereeing Kids Rugby Workshop (F2F)
- Refereeing Kids Rugby exam (online)

*Schools need to be registered on Rugby Xplorer

Foundation Coaching Certificate

\$95.00

The Foundation Certificate Course is the first step in the pathway towards Level 1 accreditation. The course is targeted at coaches and referees involved with youth coaching. It focuses on the Core Skill areas of the game, how to coach, how to referee, and the relevant Laws related to each area of the game.

The content is specifically targeted at coaches of players aged 12-15 years. The principles though are applicable for any introductory/novice coach or match official of XV's Rugby.

Course modules include:

- Rugby - The Game Balance & Stability
- Attack and Defence
- Tackle, Ruck and Maul
- Game Elements
- Scrum and Lineout
- Kick Offs & Restarts

Coaching, The Role of Referee and Accreditation Requirements

A Foundation Certificate is a prerequisite for enrolment into the following accreditation pathways:

- ARU Coach Level 1
- ARU Referee Level 1.

Coaching

Level 1 Coach

Coaches working with players 12 to 15 years

1. Foundation Coaching Certificate
2. Current Smart Rugby
3. Level 1 Coaching Exam – 90% pass mark (online)
4. Coaching Diary 20 Hours (self-paced assignment)
5. Complete two short online courses:
 - Code of Conduct
 - Member Protection.

Officiating

Level 1 Referee

Regular Referee of players U13 or older

1. Foundation Coaching Certificate
2. Current Smart Rugby
3. Online open-book Referee Level 1 Law Exam (you must achieve 90% or more to pass).
4. Complete two short online courses:
 - a. Code of Conduct
 - b. Member Protection.
5. A competency assessment while refereeing an Under 13 or older match (15 a side). This assessment will be conducted by a Referee Coach from your Referee Association.

Assessing Coach

FREE

Coaching/Administration

Assessing Coach Program

This accreditation is relevant for volunteers, administrators or paid employees who have been nominated by their club, school or union to be an Independent, Qualified Assessing Coach.

In order to complete this course, you must:

- hold a current Level 2 (or higher) coaching accreditation
- be aware of your obligations under the Safety and Participation Policy, specifically in relation to the dispensation procedures

This course will cover the key information surrounding the Age Grade Dispensation Procedure and the role in assessing participants.

Level 2

\$440.00

Developing Coach Program

By completing this course participants will attain a dual Rugby AU/World Rugby Level 2 Coach accreditation.

This course is specifically designed for senior coaches working with adult athletes and youth coaches (U16s and above of representative teams).

Awarded on successful completion of the following learning events:

- Developing Coach Course attendance
- Level 2 Coaching Exam - 90% pass mark (online)
- Coaching Diary 60 Hours (self-paced assignment)
- Code of Conduct (online course)
- Member Protection and Inclusion (online course)
- Coach Level 2 Competency Assessment (field based competency assessment)
- World Rugby online courses x 4 (self-paced learning)