

RETURN TO RUGBY

COVID-SAFE PLAN FOR QUEENSLAND COMMUNITY RUGBY

www.qld.rugby/covid-19-return-to-play



STOP THE SPREAD

Queensland Rugby encourages all participants and supporters of community Rugby to download the Australian Government COVID-19 contact tracing app (COVIDSafe)



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STAGE 1

PREPARE

Community sport, (including the organised return of club training), is not scheduled to return until Stage 2

- ❑ Associations and clubs should prepare by using the QRU COVID Safe Checklists
- ❑ All volunteers and participants must register on Rugby Xplorer
- ❑ All coaches and match official must have a current Smart Rugby accreditation



STAGE 1 EDUCATE

Queensland Rugby Union will be providing a range of resources, communications and forums to assist associations, clubs, volunteers and participants to be prepared to Return to Rugby safely

- Website
- Social Media  
- Association Forums
- Community Webinars

Protecting you from
Coronavirus.



PRACTISE PHYSICAL DISTANCING



WASH HANDS REGULARLY WITH SOAP AND WATER



CLEAN SURFACES REGULARLY



COUGH OR SNEEZE INTO YOUR ARM



STAY HOME IF UNWELL AND GET TESTED



DOWNLOAD THE COVIDSAFE APP

STAGE 2 RETURN TO TRAIN

- ❑ Gatherings of up to 20 people for non-contact indoor and outdoor community sport
 - ❑ includes all players, coach and spectators
- ❑ CONTINUING CONDITIONS
 - ❑ Social distancing, 1.5 metres and hygiene
 - ❑ Stay at home if you're sick
 - ❑ Tracking, tracing, rapid response
- ❑ The public health rules to maintain:
 - ❑ Physical distancing
 - ❑ 4 square metres per person
 - ❑ Hand hygiene
 - ❑ Respiratory hygiene
 - ❑ Frequent environmental cleaning and disinfection
- ❑ Close or restrict venue areas that cannot be regularly sanitized
- ❑ Manage areas such as car parks to comply with mass gathering restrictions
- ❑ Attendance Registers for ALL persons in attendance, specific to the time and gathering restrictions, that will enable contact tracing
- ❑ No sharing of equipment without an appropriate cleaning protocol in between training sessions

STAGE 2 RETURN TO TRAIN

PLAYERS, PARENTS & CARERS

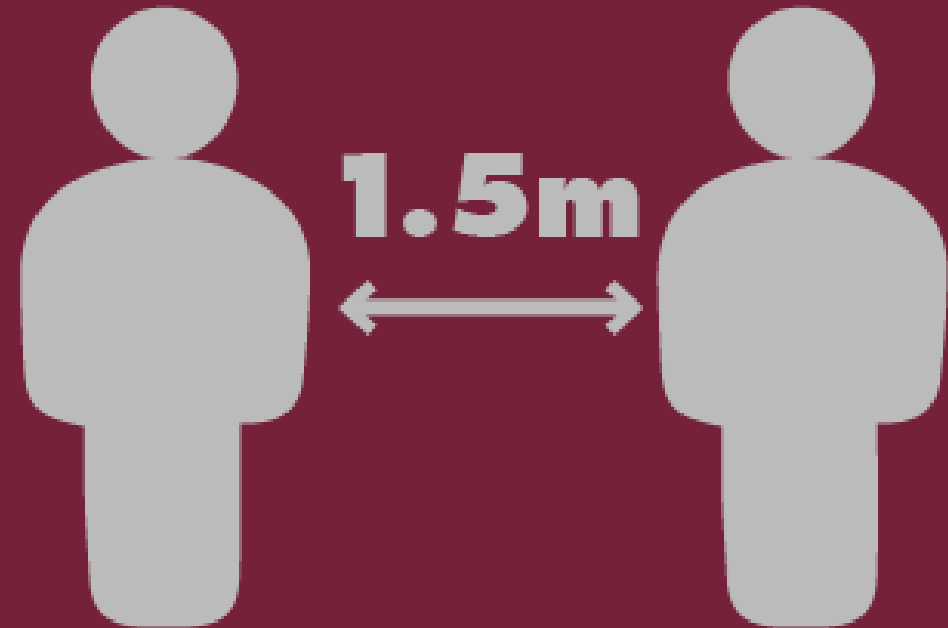
- ❑ Wash hands with sanitiser immediately before & after training and during scheduled breaks
- ❑ Label your water bottle and do not share
- ❑ Carry hand sanitiser to enable good personal hygiene
- ❑ Avoid the use of public toilets, however if necessary, ensure hands are washed thoroughly
- ❑ Shower at home before and after training
- ❑ 'Get in, train and get out'
- ❑ Drop off and pick up
 - ❑ If not, 1 parent/carer per child
- ❑ Comply with all reasonable directions and signage
- ❑ Take any items worn/used during training, home to wash individually
- ❑ If you have symptoms or feel unwell – STAY HOME and seek medical advice



STAGE 2 RETURN TO TRAIN

TRAINING SESSIONS

- ❑ Skill drills using a ball, kicking and passing
- ❑ No rucks, mauls, lineouts or scrums
- ❑ Some sharing of sporting equipment permitted such as kicking or passing a football
- ❑ Non-contact skills training. Accidental contact may occur but no deliberate body contact drills.
- ❑ No holding, tackling, wrestling or binding
- ❑ No touch or Oztag
- ❑ No indoor meetings
- ❑ No spitting



STAGE 3 RETURN TO PLAY

- ❑ Gatherings of up to 100 people
- ❑ Queensland Rugby Union and its affiliated associations and clubs are planning for the introduction of full sporting activity including full contact in line with Level C as described in the AIS Framework for Rebooting Sport
- ❑ Our competition managers across the state are currently working to provide competitive seasons as soon as reasonably possible after the relaxing of restrictions to Stage 3



FREQUENTLY ASKED QUESTIONS

- ❑ As changes occur in the management of COVID-19 in Queensland, the QRU will be working with the government and stakeholders to update the plan and documentation such as this.
- ❑ Changes to our COVID-SAFE PLAN will be communicated directly to associations and clubs as well as being communicated generally through the website and social media
- ❑ Frequently Asked Questions (FAQs) are available on the website along with contact links for key QRU personnel





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